UA Resources for Communication

**Campus Offices**

Office of Diversity, Equity, and Inclusion: <https://diversity.ucr.edu/>

Office of the Ombuds: <https://ombuds.ucr.edu/>

Title IX, Equal Opportunity and Affirmative Action: <https://titleix.ucr.edu/>

Employee and Labor Relations: <https://hr.ucr.edu/front/employee-and-labor-relations>

**Relevant UCR Policies & Procedures**

Discrimination, Harassment, and Retaliation Complaint and Resolution: <https://fboapps.ucr.edu/policies/index.php?path=viewPolicies.php&policy=650-75>

Guidance from the President Regarding Staff Abusive Conduct and Bullying <https://hr.ucr.edu/sites/g/files/rcwecm656/files/2019-07/workplace-conduct_local_abusive-conduct-bullying-napalitano.pdf>

UCR Principles of Community

<https://chancellor.ucr.edu/sites/g/files/rcwecm761/files/2019-01/community.pdf>

**External Resources**

Non-Violent Communication Model: <https://www.nonviolentcommunication.com/learn-nonviolent-communication/4-part-nvc/>

RACE Model: <https://www.whiteallytoolkit.com/our-foundation-is-the-race-method-of-conversation>

The Dialogue Company (Affiliated with David Campt, author of the RACE Model): <https://thedialoguecompany.com/>

Essential Partners (Resources on Dialogue): <https://whatisessential.org/>

Books:

Difficult Conversations by Douglas Stone, Bruce Patton, Sheila Heen

Crucial Conversations by Kerry Patterson, Joseph Grenny, Ron McMillan, and Al Switzler

The Art of Gathering by Priya Parker

Courses:

Communicating for Understanding

Listening for Understanding

There are also plenty of resources on Micro-Aggressions.